

ITEM	Required?	Smellable?	Notes / Description	Inspected
Basic Equipment (packs, sacks, sleep gear)				
Internal or External Frame Pack	required		Must have a frame. Recommend 65+ liters in size. Examples: Osprey Rook 65 (great value) Deuter Aircontact Lite 65 (very adjustable for size) Important: Quality shoulder straps & hip belt and fit.	
light sleeping bag	required		Very large and bulky car camping bags are not appropriate.	
Sleeping Pad	required		simple foam pad is usually best	
Trekking Poles	recommended		The "Cascade Mountain Tech" aluminum poles are very good at an EXCELLENT price (\$22). (see link)	
Water				
2-3 Liter Bladder (64-96oz)	required		The key here is 3L total minimum capacity in two different containers for redundancy. Other configurations are fine.	
1 Liter Nalgene or durable bottle (32oz)	required			
Clothing				
Convertible Pants/Shorts	required		at least one pair of pants if convertible options are not used. The non cotton Scout convertible pants are very serviceable. Avoid cotton.	
Shirt(s)	required		The Troop dri-fit (light blue) Class B shirts are serviceable. Avoid cotton.	
underwear	required		something comfortable. non cotton is better. supportive	
Footwear				
good socks	required		synthetic or Wool is recommended. With some searching and sales these can be found for about \$10/pair. Modern wool is not "hot" or "itchy". Synthetic/wool keep feet dryer & cooler = fewer blisters. no "ankle" socks, something a bit longer and thicker.	
Hiking Boots/Good Shoes			If you have boots, wear them. However, boots aren't required for this trip if you have well-fitting quality athletic shoes (not "Vans").	
Cold / Rain / Sun Clothing				
Sunscreen	required	smellable	SPF 30+, lotion/spritz. Aerosol cans are prohibited.	
Lip Balm/Chapstick	required	smellable	with sun protection	
Hat/Boonie	required		brimmed hat for sun protection	
Sunglasses				
Bandana			a thin (cotton ok) bandana is incredibly useful for wiping things down, cooling off, sun protection, hot pad, etc. and can be had for \$1-2.	
Rain Jacket / Durable poncho	required		A lightweight water resistant/proof layer that can be worn over other garments.	
Jacket/fleece	required		Something geared for cool evening/morning temperatures (not winter) and synthetic if you have it. The Troop sweatshirt, though cotton, should suffice for this trip though.	
Personal Equipment				
Small utility knife	required		small "Swiss Army" knife is a good choice. With Totin'Chip	
20 ft paracord/utility cord	required			
ball-point pen	required			
watch	required		inexpensive, durable	
camera			not a phone	
eyeglass case(s)				
Headlamp / Flashlight	required			
Spare batteries	required			
Compass	required		"baseplate" compass	

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"Ditty"/Smellables bags/stuffsack(s)	required	smellable	a small bag/sack to keep all the small equipment items together. A separate "smellables" sack also to quickly and easily separate smellables from other equipment for hanging (Bear protocol)	
Food and Foodbag		smellable	Gallon ziplock with a separate one for trash. Pack-in/Pack-out	
Backpacking cookpot/bowl		smellable	if you need it only, for your food choices, otherwise leave it.	
Spork/Spoon eating utensil	required	smellable	with a long handle is ideal for foil-packet style meals. Spoon is better than a spork. Plain old disposable plastic spoon will suffice as long as you don't break it.	
Personal First Aid / Emergency (very minimal)				
First Aid bag/container	required	smellable	Can be a quart zip-loc for organization	
Moleskin	required	smellable	blister treatment/prevention - Leukotape is an alternative	
small roll of athletic tape		smellable		
Assorted bandaids	required	smellable	just a few	
alcohol pads	required	smellable	2-3 pads	
Personal medications (OTC or Rx)	required	smellable	To be checked into Scoutmasters	
Emergency whistle	required			
Emergency "space" blanket	required			
PROHIBITED: music players, earphones, video game devices, phones, hammocks				
Gear Inspection Notes				
			Inspected By:	